

# FOUR ELEMENT SPIRITUAL PURIFICATION REBIRTHING/BREATHWORK RETREAT

## REBIRTHING/BREATHWORK & WORKING WITH THE ELEMENTS GIVES YOU DIRECT ACCESS TO YOUR TRUE NATURE & SOURCE

- ▷ Experience ELEVATED LEVELS OF CONSCIOUSNESS & altered states  
working with Spiritual Purification Practices of Earth, Air, Fire, & Water
- ▷ Transmute karmic blockages & LIVE YOUR LIFE PURPOSE
- ▷ Discover, TRANSFORM & HEAL mental, emotional, & physical patterns
- ▷ DEEPEN THE QUALITY OF YOUR LIFE by linking Energy, Breath, Body, Mind, & Eternal Self



### 5 Day Retreat

Date: see website

[www.foresthideaway.com.au/events](http://www.foresthideaway.com.au/events)

Location: Mt Warning Forest Hideaway

Uki, NSW (Byron Bay Hinterland)

\$680-\$880 pp

Includes all meals and accommodation

Phone: +61 (0)2 66797277

Email: [info@foresthideaway.com.au](mailto:info@foresthideaway.com.au)

*Limited Spaces – Book Now*

Please do not be discouraged by financial or other difficulties, we will do our utmost to find a solution. Our main objective is to increase the understanding and growth of this powerful healing method, bringing it to as many people as possible.